



WELCOME TO ST. CHARLES LACROSSE CLUB

www.stclax.org

St. Charles Lacrosse Club is a self-sustaining, independent club consisting of boys' teams from St. Charles East and North high schools. Each high school has a Frosh (Freshman/Sophomore), JV, and Varsity team. The girls program is a co-op between East and North high schools, with a Varsity and JV team.

The Club is run by a parent board. There are 14 members – five representing East, five representing North, and four representing the girls program.

Important Dates in the Future:

Registration Nights

All players must register at Registration Night. This includes turning in required forms (Must have current medical form - current through June 2014), paying at least half of fees, picking uniform numbers/sizes, picking up fundraising Raffle Tickets. **We accept Visa and Mastercard but a 3% convenience fee will be charged for credit card payments.**

Tuesday, November 5 – 7:30 pm

North Boys and Girls Co-op Program Registration
Baker Community Center – Auditorium on second floor

Thursday, November 7 – 7:00 pm

East Boys Registration Night
Baker Community Center – Auditorium on second floor

Tryouts

March 3, 4 – Varsity Tryouts (boys & girls) – Sportsplex St. Charles, 1400 Foundry Street
March 6 – JV Tryouts – Sportsplex St. Charles, 1400 Foundry Street

Practice Begins

Week of March 10 – indoor practice begins (2 plus weeks) – Sportsplex St. Charles, 1400 Foundry Street
Week of March 24 – outdoor practice begins (Coaches set practice times)
North Boys Varsity, JV, and Frosh (Freshman/Sophomore) – Cranston Meadows
East Boys Varsity, JV – Fox Mill. Frosh (Freshman/Sophomore) – Fox Chase
Girls Varsity, JV – Rivers Edge Reserve

Games

Games start the week of March 17 – some early tournaments and games. Game schedules are always subject to change. Home games for Varsity and JV teams are played at East Side Sports Complex off of Kirk Road. Frosh (Freshman/Sophomore) games are played at James O’Breen Park at Campton Hills and Peck Roads.

Varsity Spring Break Trips

March 28-31 – East Boys Spring Break Trip to Nashville, TN

April 3-6 – North Boys Spring Break Trip to St. Louis, MO

March 29-April 1 – Girls Spring Break Trip

Costs

- Uniforms are purchased at registration for \$145.00 for boys and \$104.00 (approx) for girls.
- All players provide their own equipment, which includes a stick, chest protector, elbow pads, appropriate gloves and helmet.
- Club fees (excluding uniform) are \$650. This includes the registration fee of \$450.00 plus a \$200 fundraising fee. The fundraising fee is paid up front. After your son/daughter sells the Fundraising Raffle Tickets you keep the money. Therefore, you can recoup this \$200 fee if all tickets are sold.
- Additional expenses are Varsity Spring Break Trip, spirit wear.

Volunteering

Our club relies heavily on parent volunteers. Every parent MUST sign up to volunteer. There are many opportunities to volunteer – Team Representative, fundraising, game timers, photography, end of year banquet, team dinners, etc.

Community Service Project

All players participate in a community service project to benefit a local organization. Last year the Club hosted a Brain Injury Walk to honor Matt Huffman, a former STC Lacrosse player and Assistant Coach for the Girls JV team. Matt passed away two years ago from a brain injury. This event takes place in late spring.

Communication

The club communicates via our website and Twitter – each parent and player can sign up to receive tweets. The main twitter feed (below) is for Club-wide communication. Once a player is placed on a team, there are individual twitter feeds for each team (Varsity, JV, Frosh). Instructions are:

*You don’t need a twitter account to follow tweets. Using your cell phone, in the US, the number to text to is 40404. In the text box, type in **follow @stclaxorg**. Be sure there is a space between **follow and @**. Then just follow the instructions. You’re in!*

We have a great lacrosse club in St. Charles, and it takes a lot of involvement by parents and players alike to keep it strong. We appreciate your interest in STC Lacrosse and hope to see you at Registration Night.