



**SPRING BREAK 2010
GENERAL INFORMATION SHEET
PLEASE RETURN BY 3/15/10**

Player Name _____

Player cell phone# _____

Parent contact:

Name _____

Home phone# _____

Work# _____

Cell # _____

**ROOMMATE REQUESTS
(We will do our best to honor)**

1. _____

2. _____

3. _____



**St Charles Boys High School Lacrosse Club
Varsity Spring Break Trip 2010**

Permission

Player Name _____

I give permission for my son to travel with the St Charles Boys High School Lacrosse Club on the Spring Break Trip to Louisville, KY from March 29, 2010, to April 3, 2010.

I acknowledge that my son will be under the supervision of team coaches and team chaperones, and that he is expected to comply with the policies of the Club and the direction of the coaches and chaperones.

I acknowledge that:

1. I have signed a medical release form for my son to participate on the team, and that this release applies during this trip.
2. I have signed an athletic liability and waiver for my son to participate on the team, and that this release applies during this trip.
3. I have read and signed the Community Unit School District 303 Code of Conduct, and that this Code is fully in force on this trip. I recognize that any violation of the Code of Conduct by my son while participating on this trip could result in his being immediately sent home at my expense. Additional disciplinary action may result as well.

Signed

Parent Signature

Date



**SPRING BREAK 2010
PLAYER INFORMATION SHEET
PLEASE RETURN BY 3/15/10**

Player Name _____

Player cell phone# _____

Parent contact:

Name _____

Home phone# _____

Work# _____

Cell # _____

**ROOMMATE REQUESTS
(We will do our best to honor)**

1. _____

2. _____

3. _____



St Charles Varsity 2010 Spring Break Trip Rules

Player Rules

- No alcohol, cigarettes, cigars, tobacco, dip, chews or narcotics are allowed in the possession of any player. You will be sent home at your expense if you violate this rule.
- No roughhousing or hazing of any type is permitted. Any player guilty of this will not be permitted to play in any remaining games while in Louisville nor a TBD number of regular season games as determined by the coaches .
- You may not leave the hotel unless on a team function, or unless in the company of an accompanying St Charles Lacrosse parent AND with the permission of Coach Thompson.
- You may not invite any guests into the hotel.
- All personal telephone calls and in-room movie rentals are your personal responsibility, and the cost is borne by you.
- Keep rooms clean. Any breakage must be reported and paid for immediately. Don't toss muddy cleats, dirty clothes or soiled gear into your room's bathtubs, showers or sinks. Cleaning staff must have access to these areas to properly clean your room every day.
- Do not throw lacrosse balls inside the hotel or in the hotel parking lot.
- You may not get into any vehicle other than the team bus when leaving the hotel, unless it's with a St Charles Lacrosse parent AND you have the permission of Coach Thompson.
- You must stay and sleep in your assigned room. Don't enter another player's room unless you've been invited. There will be a curfew established and room checks every evening conducted by the coaches. Missed curfews and/or room checks will result in suspended games as determined by the coaches.
- Take your valuables when you leave your room, or store them in the room safe.
- Do the right thing. Bear in mind that all St Charles North and St Charles East Code of Conduct rules apply, in addition to the rules stipulated here.
- When traveling to/from games practices we recommend that you carry a sufficient amount of cash to cover any small incidentals (mainly snacks and/or drinks) you may need while away from the hotel.

Spring Break Tentative Travel Itinerary
St. Charles High School Boys Lacrosse Trip 2010

Monday 3/29/10

10:00am depart STC North parking lot; we will secure permission for players to leave cars, but it is strongly suggested that vehicles be left at home.

Bus Stop at Fair Oaks Farm, Indiana: www.fofarms.com (877) 536-1194 players pay their own way.

~5:30pm arrive: Galt House Hotel 140 N. Fourth St. (502) 589-5200

- Parents Option - Rivue Tower - 400 sq feet ... rate \$105.00 plus taxes, or stay with players in Suite Tower:
- Players & Coaches - Suite Tower - 700 sq feet ... rate \$ 125.00 plus taxes

<http://www.galthouse.com/Accommodations/Accommodations.asp>

Dinner Reservations: Possibly Fourth Street Live ~ www.4thstlive.com/dining.cfm .
Players cover their own dinner expense.

Tuesday 3/30/10

9:00am breakfast in hotel Team room

10:00am – 1:00pm practice at St Xavier HS

1:30pm ~ Lunch: bus to stop along the way back from practice, players pay their own way.

2:30pm tour of Slugger Museum: 800 W. Main St., (877) 775-8443

www.sluggermuseum.org

5:00pm ~ Dinner: www.4thstlive.com/dining.cfm. Players cover their own dinner expense.

Wednesday 3/31/10

10:00am breakfast: breakfast in hotel Team room

11:30-1:30pm light practice

2:00pm Lunch: bus to stop along the way back from practice, players pays their own way.

4:00 PM – gather in lobby for 4:30 departure
6:00 PM Game: Louisville Collegiate HS (location TBD)
Papa John’s Pizza after game in Team room: <http://www.papajohns.com/index.shtm>

Thursday 4/1/10

9:00am breakfast in hotel Team room.
10:00am – 12:00pm light practice at St Xavier HS
12:30pm - Lunch: bus to stop along the way back from practice, players pays their own way.
2:00pm– gather in lobby for 2:30 departure
4:00pm Game: Trinity HS
Dinner directly after game: Buffalo Wild Wings: players pay their own way.

Friday 4/2/10

10:00am breakfast and game films in Team room
11:30 – 2:00 practice (location TBD)
2:30 Lunch: bus to stop along the way back from practice, players pay their own way.
3:30 Tour: Muhammad Ali Center: 144 N. 6th St., (502) 992-5329 www.alicenter.org.
5:30pm Dinner: Bardstown Road or Improv Comedy Club. Players to pay their own way.
9:00pm: back to hotel to pack for early departure on Saturday.

Saturday 4/3/10

8:00am light breakfast in hotel Team room ~ Bags packed to bus
8:30am depart for game
10:00am game Vs St Xavier HS (@ St Xavier HS)
12:00 Lunch along the way to Bellarmine; Bardstown Rd, players pay their own way.
1:00pm Fairfield University @ Bellarmine
3:00pm; Bus Departs for Chicago, one dinner stop along the way, location TBD, players pay their own way
8-9pm: anticipated arrival back at STC North HS

Summary of included expenses/player:

Bus	\$140	
Hotel	\$225	
Pd meals	\$65	(all breakfasts and one pizza night)
<u>Events</u>	<u>\$20</u>	<u>(all paid in advance)</u>
Player portion = \$450 (includes cost of coaches)		

Suggested pocket money per player = \$135 (just for lunches and 5 dinners)

2010 SPRING BREAK SPONSORSHIPS

In an effort to keep the player and coaches meal and entertainment expenses to a minimum we would appreciate any sponsorship contributions.

Based on previous trips we have received donations which support the following expenses:

- Team lunches \$250.00 per meal (6 opportunities)
- Team dinners \$450.00 per meal (6 opportunities)
- Planned Activities –
 - Louisville Slugger Bat Factory and Museum (~\$200)
 - Muhammad Ali Boxing Museum (~\$150)
- Pizza night– for late night snack after our Wednesday night game \$100.00.
- Bellarmine Vs Fairfield Division I lacrosse game \$120
- General contribution to cover incidental expenses (practice and game day drinks and snacks, bus driver gratuity, coaches' meals and/or lodging).

Your generosity will be acknowledged as a Team Sponsor on the website.

- Yes – I would like to help sponsor the team
My contribution is \$_____.
- Please apply my sponsorship as needed toward any of the above expenses.
- Please apply my sponsorship toward _____

SPONSOR NAME _____

PHONE # _____

Thank you very much!

WHAT TO DO NEXT

- Read all packet contents
- Complete all forms and return by March 15th.
- Player and Parent(s) attend Spring Break mandatory information meeting – Mon. March 15th. Time and place to be determined. Bring all forms completed along with payment (Check or Visa/Mastercard).

The trip is 3 weeks away – there is a lot to do and everyone's cooperation on meeting deadlines is appreciated.